

The Licensed Trade Charity have been helping pub, bar and brewery people for over 200 years. We have a website with around 60 free downloadable help-sheets and a helpline that is available 24/7, 365 days a year that anyone can access whether they've been in the trade for 3 days or 30 years. Our helpline team offer practical advice and emotional support, and callers from the trade can access 6 free telephone counselling sessions if they need to. For people who have been in the trade for 5 years or more, currently working or in the past, we offer financial grants. We can help with everything from the purchase of a washing machine, help with travel costs when undergoing hospital treatment and rent arrears or rent deposits. Our goal is to help people in the trade to get back on their feet.

Find out more about us and how we can help www.licensedtradecharity.org.uk or call 0808 801 0550

Here is a summary of the support we offer and a [link to our film](#) which explains how we help.

